



PARTELL GUIDE BOOK



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IMPORTANT INFORMATION ABOUT OUR EMERGENCY PREPAREDNESS MEDICATION KIT

This Emergency Preparedness Medication Kit will give you access to essential and potentially lifesaving medications in an emergency. If you find yourself in an unforeseen disaster without a healthcare provider, this kit can help keep you safe.

Caution: This kit is only intended for use when you find yourself in an emergency without an available healthcare professional. It is NOT intended for self-treatment under normal circumstances.

Exclusive to you: The medications in this kit are prescribed for you and you alone. It is illegal and dangerous to use these medications in a way in which they weren't prescribed. To comply with federal law, do not share this kit with another person under any circumstances.

Guidelines: Please follow the instructions in your kit guidebook when using these medications. Using them precisely as prescribed will help keep you safe.

Allergy Precautions: If you have a known medication allergy, it is crucial that you avoid taking anything that could cause an adverse reaction. Ask your doctor about any known or suspected allergies you might have before using this kit.

- Azithromycin: Do not take if you are allergic to macrolides
- Doxycycline: Do not use if you are allergic to tetracycline
- Amoxicillin/Clavulanate: Do not use if you are allergic to penicillin

Please consult the guidebook for details about all the drugs in this kit and any potential allergic reactions or side effects. If you suspect an allergy to a specific medication, do not take it. Remember that any medicine can potentially cause an adverse reaction, even without known allergies. Discussing your allergy risk with your healthcare provider before using this kit is best.

ASSUMPTION OF LIABILITY:

By accepting and utilizing this Emergency Preparedness Medication Kit, you acknowledge and assume full responsibility and liability related to the use of any of its products. It is your responsibility to ensure the medications are used safely and appropriately. We urge you to use this kit responsibly and with the utmost care. Should you have any doubts or concerns about any medication in this kit, please reach out to a healthcare provider or pharmacist if accessible.

Be safe and prepared.

The Partell Pharmacy Team



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YOUR EMERGENCY PREPAREDNESS MEDICATION KIT

When Possible, Consult With a Healthcare
Professional Before Taking Any Medications

Your Kit Contains the Following Medications:
● Amoxicillin-Clavanulate 875mg/125 mg tablets - #28
● Azithromycin 250 mg tablets - #12
● Doxycycline Hyclate 100 mg capsules - #60
● Metronidazole 500 mg tablets - #30
● Ivermectin 18mg compounded capsules, #21
● Fluconazole 150 mg tablets - #2
● Ondansetron 4 mg tablets - #6

Most solid oral drugs should be stored at room temperature (68-77F/20-25C) in an airtight container away from sunlight. The government program Shelf-Life Extension Program (SLEP) has shown that many solid forms of medications remain viable after their expiration date when properly stored.

Special Notes: Do not take Sulfamethoxazole-Trimethoprim if you are allergic to sulfa. Do not take amoxicillin-clavulanate if you are allergic to penicillin. Consider potential allergies before consuming each medication. Antibiotics may reduce the effectiveness of oral contraception. All dosing in this kit is for adults.

AMOXICILLIN-CLAVULANATE 875 MG/125 MG TABLETS

When Possible, Consult With a Healthcare Professional
Before Taking Any Medications

Caution: Amoxicillin is a beta-lactam antibiotic in the same family as penicillin and cephalosporins. DO NOT TAKE IF YOU ARE ALLERGIC TO PENICILLIN. Amoxicillin and clavulanate can both cause gastrointestinal (GI) side effects like upset stomach and diarrhea.

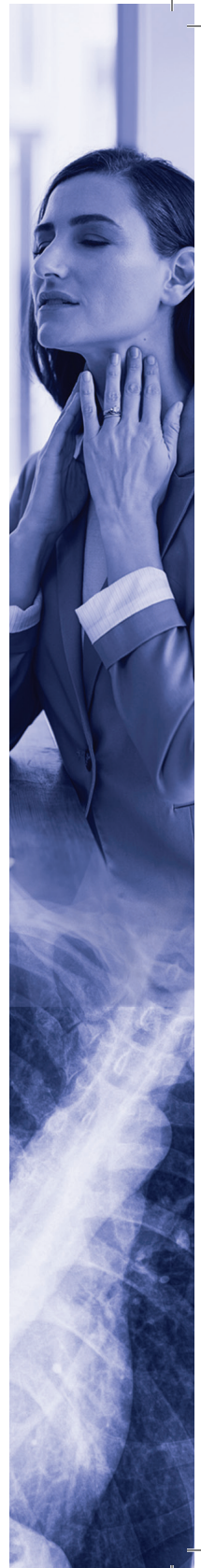
Pregnancy: Category B. Research studies using animal subjects have not shown a risk to the fetus when using this medication. There are currently no adequate, well-controlled studies in pregnant women.

Breastfeeding: Amoxicillin-clavulanate is considered safe while breastfeeding when taken in the standard recommended doses.

Notes: This medication can be taken with food or on an empty stomach. Taking it with food can aid its absorption and reduce the possibility of developing GI symptoms.

Amoxicillin-clavulanate can be used for:

- **Bite wounds (animal or human) and general skin infections**
Take one tablet by mouth twice a day for 7-10 days
- **Pneumonia**
(Can be used in combination with azithromycin or doxycycline)
Take one tablet by mouth twice a day for 7-10 days
- **Urinary tract infections**
One tablet by mouth twice a day for 3-7 days
- **Sinusitis**
Take one tablet by mouth twice a day for 7-14 days
- **Strep throat**
Take one tablet by mouth twice a day for 10 days





AZITHROMYCIN 250 MG TABLETS

Caution: Azithromycin is in the macrolide family.

DO NOT TAKE IF YOU ARE ALLERGIC TO AZITHROMYCIN, ERYTHROMYCIN, OR ANY OTHER MACROLIDE. Azithromycin can interact with some anticoagulants, like warfarin, and increase the risk of developing blood clots or bleeding. When possible, consult with your physician or a pharmacist before taking azithromycin with an anticoagulant. If you develop increased or prolonged bleeding, bruising, heavy periods, blood in stool or urine, or nosebleeds, seek immediate medical care.

Pregnancy: Category B. Animal studies have not shown any risk to the fetus. There are currently no adequate, well-controlled studies in pregnant women.

Breastfeeding: Small amounts of azithromycin pass into breast milk but should not cause serious effects. Monitor breastfeeding infants for GI disturbances.

Notes: This medication can be taken with food or on an empty stomach. Taking it with food can aid its absorption and reduce the possibility of developing GI symptoms.

Precaution: For possible QT prolongation for people predisposed to heart arrhythmias

Azithromycin can be used for:

- **Pneumonia**

*Eight tablets taken by mouth as a single 2 g dose taken one time OR
Two tablets by mouth daily for 5 days*

- **Traveler's diarrhea**

Two tablets by mouth daily for 3 days

- **Bronchitis or upper respiratory infection**

*Two tablets by mouth on day one AND
One tablet by mouth daily on days 2-5*

- **Gonorrhea and chlamydia**

Take four tablets by mouth one time. Repeat in one week if necessary.

- **Sinusitis, Bronchitis, Tonsillitis, or Pharyngitis**

*Two tablets by mouth on day one AND
One tablet by mouth daily on days 2-5*

DOXYCYCLINE HYCLATE 100MG CAPSULES

Caution: Doxycycline is in the tetracycline family of antibiotics. DO NOT USE IF YOU ARE ALLERGIC TO DOXYCYCLINE OR ANOTHER TETRACYCLINE.

Doxycycline can increase skin sensitivity to sunlight. Avoid sun exposure while taking doxycycline.

Pregnancy: Category D. There is evidence of fetal risk in human studies, but potential benefits might warrant using doxycycline in pregnant women under some circumstances.

Breastfeeding: Doxycycline is found in small amounts in breast milk. Use with caution.

Notes: Take doxycycline on an empty stomach. If GI symptoms are an issue, it can be taken with food, but its absorption might be decreased.

Doxycycline can be used for:

- **Anthrax exposure** (bioterror) (If possible, consult with a local expert for more information.)
Take one capsule by mouth twice a day for up to 60 days
- **Tick exposure**
Take two capsules by mouth one time
- **Rickettsial infections** (Rocky Mountain spotted fever, typhus fever, Q fever, and other tick fevers)
Take one capsule by mouth twice a day for 14 days
- **Bronchitis or pneumonia**
Take one capsule by mouth twice a day for 7-10 days
- **Chlamydia**
Take one capsule by mouth twice a day for 7 days
- **Plague or tularemia** (bioterror) (If possible, consult with a local expert or more information.) *If exposed, take one capsule by mouth twice a day for 7 days*
- **Skin infection**
Take one capsule by mouth twice a day for 10 days
- **Syphilis**
Take one capsule by mouth twice a day for 14 days for infections less than one year old. Take one capsule by mouth twice a day for 28 days if the infection is older than one year
- **UTI** (Caused by e. Coli or Klebsiella)
Take one capsule by mouth twice a day for 5 days





METRONIDAZOLE 500 MG TABLETS

Caution: DO NOT TAKE IF YOU ARE ALLERGIC TO METRONIDAZOLE. DO NOT TAKE WITH ALCOHOL.

Pregnancy: Category B. Research studies using animal subjects have not shown a risk to the fetus when using this medication. There are currently no adequate, well-controlled studies in pregnant women.

Breastfeeding: Metronidazole passes into breast milk in quantities that could cause harm to a breastfeeding infant. If taking metronidazole is medically necessary, discontinue breastfeeding during treatment and for 24 hours after the last dose.

Notes: It's best to take metronidazole with meals to reduce the risk of GI symptoms. Do not use alcohol while taking metronidazole. See package insert for more details.

Metronidazole can be used for:

- **Bacterial vaginosis**

Take one tablet by mouth twice a day for 7 days

- **Diarrhea**

(caused by Giardia or Clostridium difficile)

Take one tablet by mouth three times a day for 14 days

- **Giardiasis**

Take one tablet by mouth twice a day for 5-7 days

- **Tetanus**

(not first-line therapy)

Take one tablet by mouth twice a day for 10-14 days

- **Trichomoniasis**

Take two tablets by mouth twice a day for 1 day

- **Colitis**

Take one tablet by mouth twice a day for 7-10 days

IVERMECTIN 18 MG CAPSULE

Caution: Severe allergies to Ivermectin are rare, but DO NOT TAKE IF YOU ARE ALLERGIC TO IVERMECTIN. It has a favorable safety profile but may cause GI symptoms such as diarrhea while ridding the body of parasites.

Pregnancy: Category C. In animal studies, Ivermectin has shown risk to the fetus at high doses. There are currently no adequate, well-controlled studies in pregnant women. DO NOT TAKE DURING PREGNANCY.

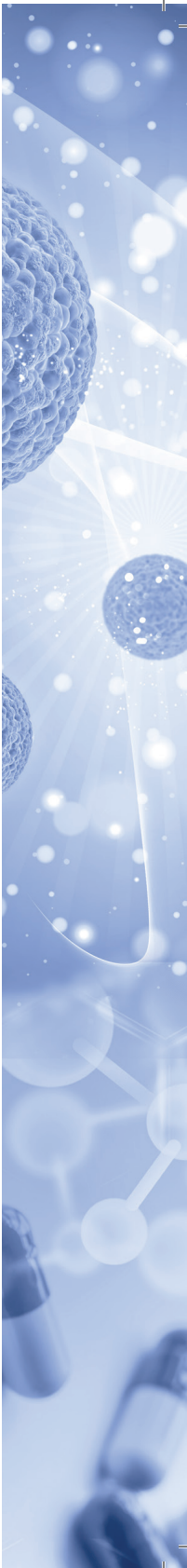
Breastfeeding: Scant amounts pass into breast milk. Adverse effects to a breastfeeding infant older than 7 days are not expected but use with caution.

Notes: Ivermectin is generally prescribed according to weight, but standard dosing is advised in this kit due to Ivermectin's favorable safety profile.

Ivermectin can be used for:

- **Scabies**
Take one capsule by mouth, repeat in one week if necessary
- **Lice**
Take one capsule by mouth, repeat in one week if necessary
- **Pinworms**
Take one capsule by mouth, repeat in one week if necessary
- **Viral upper respiratory infection**
(including Covid-19)
Take one capsule by mouth daily for 5-7 days

Dose is once a day 18mg cap based on body weight with food/fats, for ten days.	
● 70 to 110 lbs:	18mg (one cap)
● 111 to 190 lbs:	36mg (two caps)
● 191 to 300 lbs:	54mg (three caps)





FLUCONAZOLE 150 MG TABLET

Caution: DO NOT USE IF ALLERGIC TO ANTIFUNGAL MEDICATIONS. May lower the efficacy of birth control pills; use another effective form of birth control for up to a week after treatment. Fluconazole interacts with some medications, like warfarin and oral hypoglycemics. When possible, get clearance from a healthcare professional to take fluconazole with your current medication regime. Fluconazole can cause dizziness or headaches and impair the ability to drive or operate machinery.

Pregnancy: Category D. There is evidence of fetal risk in human studies, but potential benefits might warrant using doxycycline in pregnant women under some circumstances.

Breastfeeding: Fluconazole enters breast milk in amounts less than the standard infant dose. There is no need to interrupt breastfeeding while on this medication.

Notes: Fluconazole may be taken with or without food, but take it two hours before any medications are used for GERD or heartburn. Symptoms may take 3-7 days to improve after one dose.

Fluconazole can be used for:

- **Vaginal candidiasis**

Take one tablet by mouth. If necessary, repeat after three days.

ONDANSETRON 4 MG TABLETS

Caution: Ondansetron can cause dizziness or headaches. Stand up slowly while taking this medication.

Pregnancy: Category B. Research studies using animal subjects have not shown a risk to the fetus when using this medication. There are currently no adequate, well-controlled studies in pregnant women.

Breastfeeding: In animal studies, small amounts of ondansetron have been found in breast milk. There have been no human studies to show any possible effects. Use with caution.

Notes: Ondansetron should be taken with a full cup of water, either with or without food. Common side effects are constipation, diarrhea, dizziness, headache, and drowsiness. Please see the package insert for more information.

Ondansetron can be used for:

- **Nausea and vomiting**

Take one tablet by mouth at the onset of symptoms.

Repeat every 4 to 8 hours as needed. Do not take more than four tablets in a 24-hour period.





Emergency Preparedness Medication Kit - Important Information

We are providing you with this Emergency Preparedness Medication Kit, which contains vital medications intended for use in emergency situations where access to a healthcare provider is unavailable. This kit is a precautionary measure designed to ensure your safety during unprecedented and unforeseen circumstances.

Intended Use: This kit is meant solely for emergency situations when you cannot connect with a healthcare provider. It is NOT intended for self-diagnosis and treatment under regular circumstances.

Exclusive Usage: The medications within this kit are prescribed specifically to you and are intended only for your use. It is illegal and dangerous to transfer or share any medication from this kit with another individual. Federal law strictly prohibits this.

Guideline Adherence: Please utilize the medications as per the guidebook included in the kit. Following the guidebook's instructions will ensure safe and appropriate usage.

Allergy Precautions: If you have a known allergy or have previously experienced adverse reactions to any medication, it is crucial that you avoid using those medications.

Azithromycin: Do not use if you have an allergy to macrolides.

Doxycycline: Do not use if you are allergic to tetracycline.

Amoxicillin/Clavulanate: Some people with a penicillin allergy might also react to amoxicillin as it is a type of penicillin.

For all other medications: Please consult the guidebook for details on drug classes and associated allergic reactions. Your health and safety are of utmost importance. If you suspect you might be allergic to any medication in this kit, do not take it. It is crucial to note that any drug can cause an allergic or adverse reaction, even if it's rare or if the individual hasn't had a reaction in the past. Discussing any known allergies or previous adverse reactions with a healthcare professional (when possible) is important.

ASSUMPTION OF LIABILITY: By accepting and utilizing this Emergency Preparedness Medication Kit, you acknowledge and assume full responsibility and liability related to the use of any of its products. It is your responsibility to ensure the medications are used safely and appropriately. We urge you to use this kit responsibly and with the utmost care. Should you have any doubts or concerns about any medication in this kit, please reach out to a healthcare provider or pharmacist if accessible.

Stay safe and be prepared.

Partell Pharmacy and The Wellness Company



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PHARMACY

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